



**7<sup>TH</sup> ANNUAL**  
**CHAMPLAIN PARK**  
*HALLOWEEN*  
*DRESS-UP FUN RUN*

**SAT. OCT. 27, 9:30 A.M.**



- **9:30 A.M.** - 5 AND UNDER - FUN RUN (800 METERS)
- **9:40 A.M.** - 5 AND OVER - CROSS-COUNTRY COURSE THROUGH THE `CHAMPLAIN WOODS` (2K)

**STARTING LINE: CHAMPLAIN PARK FIELDHOUSE**

**NO REGISTRATION, \$10 SUGGESTED ENTRY FEE.**

**PARTICIPATION PRIZES AND CANDY MEDALS!**

**ALL PROCEEDS GO TO AUSOME OTTAWA (AUSOMEOTTAWA.COM)**

**Please contact [peterlaughton@rogers.com](mailto:peterlaughton@rogers.com) to volunteer**

